

HOOSIER UPLANDS EMPLOYEE NEWSLETTER



Mission Statement

The mission of Hoosier Uplands, is to plan, implement or cause to be implemented, and provide comprehensive services to the poor, elderly, and disabled. The corporation strives to alleviate poverty, improve living conditions, and provide access to health care and social services to those families and individuals in need within our service area. All endeavors are pursued with the client in mind, never forgetting the value of every human being or the importance of our responsibility to the public which we serve.

A photograph of various pumpkins and gourds on a wooden surface. In the top left is a large white pumpkin. To its right are two yellow and green striped gourds. In the bottom left is a large orange pumpkin. In the bottom center is a small yellow and green striped gourd. A light brown cardboard tag with a string is placed in the center, featuring the text "HELLO SEPTEMBER!" in a mix of black and orange fonts.

HELLO
SEPTEMBER!

CONGRATULATIONS TO ALVERTA HART FOR HER 25 YEAR
MILESTONE AT HOOSIER UPLANDS! WE APPRECIATE ALL YOUR
HARD WORK AND DEDICATION EACH DAY.



Congrats to 21stCC Afterschool Programs for placing 2nd in the Persimmon Festival float parade! With their "Lilo and Stitch" theme, Ohana means family, in afterschool, no student gets left behind or forgotten!





Congrats to Markayla Haas,
Accounting Tech in the Fiscal Dept,
for reaching the 5 years of service
milestone and for all her hard work,
commitment, and contributions to
Hoosier Uplands!



Congratulations

Jean is going to be a big sister! 🎉🥰
Baby Scnear #2 is....

A big, healthy, wiggly, baby BOY!!! 💜🥰

We are so excited to watch our family grow
by another pair of little feet, coming early
January 2026!! 💜



EMPLOYEE ASSISTANCE PROGRAM

The employee assistance program is now open to all employees. Employees may request assistance to pay for any health, dental, or mental health co-pay or bill balance that is in employee's name.

How to request assistance:

Please contact Emily Webb for an Employee Assistance Form, and submit form and a copy of bill to Emily. On a monthly basis, the Health and Wellness committee will review all requests using an anonymous system.

Contact:
ewebb@hoosieruplands.org

UPCOMING BIRTHDAYS!

October Employee Birthdays:

6th - Jaylon Goldsberry and Terri Klingelhoef

7th - Rebekah Hawkins

9th - Luci McFall and Lisha Young

12th - Whitley Clements and Debbie Terry

16th - Brittany Ferrari and Jenni Snow

18th - Arden Thornberry

21st - Penny Campbell

25th - Connie Griego

27th - Markayla Haas

31st - Gary Rayhill

*Happy
Birthday*





Mental Health FIRST AID

from NATIONAL COUNCIL FOR MENTAL WELLBEING

MENTAL HEALTH FIRST AID

WHO NEEDS TO KNOW MENTAL HEALTH FIRST AID

- Employers.
- Police officers.
- Hospital staff.
- First responders.
- Caring individuals.

WHY MENTAL HEALTH FIRST AID?

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

On average,

130

people die by
suicide every day.

*Source: American Foundation
for Suicide Prevention*

From 1999 to 2019,

841,000

people died from
drug overdoses.

*Source: Centers for Disease
Control and Prevention*

Nearly

1 IN 5

in the U.S. lives
with a mental illness.

*Source: National Institute
of Mental Health*

Sources

American Foundation for Suicide Prevention. (n.d.). *Suicide statistics*. <https://afsp.org/suicide-statistics/>

Centers for Disease Control and Prevention. (n.d.). *Drug overdose deaths*. <https://www.cdc.gov/drugoverdose/deaths/index.html>

National Institute of Mental Health (NIMH). (n.d.). *Mental illness*. <https://www.nimh.nih.gov/health/statistics/mental-illness>

REGISTER TODAY!

Delivery Format:

Blended. 2 hours of online pre-work and a full day certification course. Completion of pre-work is required to attend in-person

Date and Time:

November 13, 2025 8:30am-4:00pm

Location:

Washington County Community Foundation Suite 100, Salem, IN

Where to Register:

Kimber Nicoletti-Martinez at knicolet@purdue.edu

The course will teach you how to apply the MHFA Action Plan (ALGEE):

- **Assess** for risk of suicide or harm.
- **Listen** nonjudgmentally.
- **Give** reassurance and information.
- **Encourage** appropriate professional help.
- **Encourage** self-help and other support strategies.

MHFA is being co-sponsored by Hoosier Upland and Indiana AgrAbility.

HOOSIER UPLANDS

21ST CENTURY AFTERSCHOOL PROGRAM

Enrollment packets are available in your school office or you can call Hoosier Uplands and ask for Carrie Ritchison or Stephanie Stinson

Funded by 21st Century Community Learning Centers through IDOE.

ACADEMIC BASED PROGRAMMING

- Snack Time (3-3:30)
- Homework Time (3:30-4)
- STEM and or Literacy Time (4-4:45)
- Free time (4:45-5:45)



812-849-4447

critchison@hoosieruplands.org
sstinson@hoosieruplands.org

Spots fill fast

FREE TO ALL SITES

**Open
Enrollment
for the
'25-'26
School Year!**

Sites Served

Mitchell
Orleans
Shoals

West Washington
Springs Valley
Paoli

NEW!



HOOSIER UPLANDS CAN HELP YOUR CHILD SLEEP SAFE!

WE OFFER PACK N PLAYS AND SAFE SLEEP
TRAINING FOR THOSE IN NEED! CALL US
AT 812-849-4447 AND ASK FOR WHITLEY
CLEMENTS!

*We can help keep
your child safe!*

**HOOSIER UPLANDS OFFERS FREE CAR SEATS,
AND FREE CAR SEAT CHECKS FOR THOSE IN
NEED.**

**CALL OUR OFFICE AT 812-849-4447 AND ASK
TO SPEAK WITH WHITLEY CLEMENTS!**

**Car seats offered include convertible, combination,
high back booster and booster seats!**



PRAYER REQUESTS

None at this time